

Course System and Teaching Content of Ideological and Political Teaching Theory Based on Humanistic Care

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Abstract: The essence of ideological and political education is a kind of social practical education activity which cultivates, shapes, transforms, develops and perfects people. It has extensive and profound humanistic care. Its fundamental purpose is to make people have high ideological quality and noble character. Through the current ideological and political education of students, this paper analyses the important role of humanistic care in promoting the ideological and political education of students, and explores the new model curriculum of ideological and political education with humanistic care as the core content in accordance with the requirements of quality education. Considering the current situation of curriculum system and the requirements of future development, it is necessary to pay special attention to improve the curriculum system, strengthen the practical function and highlight the characteristics of the discipline in the reform of the content system of Ideological and political pedagogy. The teaching content should be perfected to meet the needs of students' all-round development. The teaching methods should be flexible and diverse to arouse the students' subjective consciousness and continuously enhance the attraction, appeal, guidance and eternal charm of ideological and political theory teaching. The realization of the modernization of teaching concepts, the modularization of teaching content, the diversification of teaching methods, and the systematicization of teaching guarantees are effective ways to construct a new mode of teaching ideological and political theory courses and promote their smooth implementation.

1. Introduction

Ideological and political education is the main channel to cultivate students' ideological and political quality and improve students' ideological and moral cultivation. The state and society have placed great expectations on students' ideological and political education [1]. In the process of education, students not only participate in the educational process as objects, but also participate in the educational process as subjects of learning activities and moral concepts [2]. Humanistic care implies the main position of human beings, the concern for meeting human needs, living conditions and guarantees, the affirmation of human dignity, personality, integrity and other qualities, and the pursuit of human happiness and freedom. Its core manifestation is the emphasis on human spiritual value and human nature [3]. Fully respect each other's dignity and personality, and put the excellent humanized education into practice. In the education of cultivating and guiding humanistic thinking, it reflects the good effect of the overall improvement of the ideological realm. We must introduce the concept of humanistic care into the teaching system of ideological and political theory courses, and actively carry out and effectively improve the teaching of ideological and political theory courses. Improve students' ideological behaviors and enhance students' spiritual realm, so as to cultivate and create socialist newcomers with ideals, morality, culture and discipline. Cultivate students' sound personality, build students' spiritual home, guide students' ultimate beliefs and promote students' all-round development as value-oriented educational concepts and teaching methods. Therefore, humanistic care is not only the basic value orientation of ideological and political education, but also the proper meaning of the teaching of ideological and political theory courses [4].

The teaching theory of Ideological and political subject is a scientific system which summarizes, summarizes and rises from the teaching experience of Ideological and political subject to the theory. Therefore, its content system must adapt to the requirements and trends of the development of

Ideological and political subject teaching. The application of humanistic care in the field of education is based on the development of social life and the renewal of educational theory as well as people's crazy pursuit of "happiness" [5]. Humanistic education embodies this topic. That is to say, in the education of talents, we should focus on improving the overall state of students' education and forming a healthy outlook on life while learning knowledge. Ideological and political theory education must adhere to Marxism with a clear banner, closely connect with students' ideological reality, explain their doubts and solve their doubts, and guide them to grow up healthily with correct theories. The content of education is mainly teaching and learning, so the primary relationship in the field of education is teacher-student relationship [6]. Emphasis on the subjective status of students in ideological and political study and the "initiative" of ideological and political education, thus "laying the foundation of ideological and political quality for lifelong development." In the aspects of teaching design, teaching content, teaching methods and performance appraisal, we must pay attention to the main status of students, respect the differences of students' personality and give full play to students' autonomy, initiative and creativity [7]. Everywhere, everywhere, exists in our teaching process, but also in the daily life of students; both in school and outside the school. Thus breaking the time and space constraints of the ideological and political theory class, from closed to open. Good political and ideological guidance can play a leading role in the surrounding environment and personal progress. Only by carrying forward the human spirit can the development of pragmatic education be achieved [8].

2. The Purpose of Teaching Theory of Ideological and Political Discipline

Only by carrying out ideological and political work and combining theory with practice can ideological and moral education be effective and effective. We should stick to the idea of Ideological and moral education throughout all thematic activities. It runs through and embodies a kind of humanistic care and spirit, which is closely connected with the scientific spirit it possesses as a scientific reason. Ideological and political educators treat students with an equal attitude, take the needs of students' growth and development as the starting point of Ideological and political education behavior, and put education into practice to stimulate students' subjectivity and give full play to their main role. Shaping an independent and sound subject personality, promoting the all-round development of human beings as the purpose, abandoning the dogmatic and rigid shortcomings of Ideological and political education content, realizing the transformation process of Ideological and political education from model to humanization, and insisting on innovation and development in inheritance. Innovate in terms of concept, content, form, method, means and mechanism, so as to construct a new teaching model that conforms to the development of the times, social development, ideological and political education and the development of students' individuality. Strengthen humane care, develop ideological and political education, and improve the guiding role of ideological and political education in student education. It is also an important means to highlight the characteristics of the discipline by linking the teaching of ideological and political disciplines, especially the practical problems that need to be solved urgently in the teaching of ideological and political subjects.

In the new ideological and political curriculum, the basic idea of the curriculum is to focus on students' growth and social life experience based on students' reality. In the design of the four modules of compulsory courses, the four modules of "economy", "politics", "culture" and "philosophy" are systematically integrated on the basis of "life" theme. In terms of teaching methods, we should not only study the traditional teaching methods and absorb their effective components, but also summarize the endless new teaching methods in the teaching reform, enrich the teaching method system, and analyze and forecast the possible teaching method reform and trend with the progress of science and technology and the deepening of teaching reform. By integrating the teaching content of Ideological and political course and fully relying on the students as the main body, we should strive to cultivate and strengthen the students' ability of evaluation, analysis, judgment, choice and practice of Ideological and political morality. When the students' desire to improve the level of theoretical thinking through the study of ideological and political

theory and the need to better understand society and understand life are satisfied, the effectiveness of the teaching of ideological and political theory is obvious. Build a stable, scientific and reasonable teaching organization, implementation, evaluation system, standardize the practice teaching system, formulate corresponding teaching documents, incorporate humanistic care into the ideological and political theory course teaching plan and syllabus, give enough credits, guarantee school hours, and strengthen the Process management and quality monitoring of humane care teaching.

The establishment of teaching theory of Ideological and political subject itself is the objective requirement of the development of subject teaching, and its theory and system are the summary and generalization of subject teaching experience. The three-dimensional curriculum objectives of "knowledge and skills", "ability and method", "emotion, attitude and values" have been constructed, which highlights the attention paid to students' "emotion, attitude and values". And in the implementation, it puts forward a relatively clear and systematic goal. The humanistic care education of Ideological and political teachers must strengthen the education of life values, enable students to respect life, cherish life and fear life, improve the quality of life and happiness index, and let students understand the value of their own existence, pursue the meaning and nobility of life. To enhance the effectiveness of Ideological and political theory teaching, teachers should not only be satisfied with the traditional function and general function of "preaching, teaching and solving puzzles", but should consciously and actively understand students' ideological dynamics, psychological activities, learning and living conditions in the process of education and teaching. Integrate superior resources and use them to expand the application scope of these resources and enhance their penetration in ideological and political education. The content system of ideological and political work has been continuously expanded and adjusted, and the integration of humanistic care in practical work has become an urgent requirement. To improve the overall quality of students, emphasize that students should develop as much as possible, fully, freely and uniformly in the process of physical strength and intellectual growth, pay attention to the full development of students' individuality, and improve their autonomy and initiative and creativity.

3. The Value of Humanistic Care in the New Ideological and Political Course

In the ideological and political education, humanistic care emphasizes respect for the educated, people-oriented and the subjective initiative of the educated. It also requires that students be understood, treated and cared for in a truly human way. We should organize activities with distinct themes, great influence, wide participation and educational significance, vigorously strengthen the education of situation, policy and theme, and strengthen the cultivation of students' humanistic qualities so as to comprehensively strengthen students' all-round qualities, accomplishments and connotative objectives. Enlighten students to be good at asking questions, guide them to think independently about some hot social issues and focus issues that students care about. Through discussion, debate and other ways, exchange ideas, so that students can distinguish reasoning in discussion and debate, and be educated. Guiding the educated to think about the outlook on life and value on their own initiative and caring for the essence of humanistic spirit can realize the ultimate goal of the spiritual needs of the noumenon and promote the educated to form a more rational way of thinking. Teaching mainly utilizes the resources existing in the daily life of students, including campus culture, organizational management, personality influence and other factors, so that students can accept ideological and political education in a subtle way. To meet the needs of students' survival and sustainable development, to achieve the subject's self-consciousness and self-reliance, to put theoretical education and moral education into the focus of stimulating students' subjectivity and giving play to the role of students, to help students become the main body of study, work and life. Turn the student's learning process into a process in which students learn to learn, learn to cooperate, learn to survive, and learn to behave. This helps to develop students' sense of social responsibility, sound personality, innovative spirit and practical ability as well as lifelong learning.

To a large extent, the discipline characteristics of the teaching theory of Ideological and political

discipline are in line with the reality of the ideological and political discipline and play a realistic guiding role in the teaching activities of the ideological and political discipline. In the periodic evaluation of students, we can add some current affairs and politics questions to arouse students' conscious attention and make students pay attention to their thoughts. Newspapers in schools and student campuses should also be replaced in time to provide a good environment for students to pay attention to media news and play a subtle role. The implementation of the curriculum emphasizes students' inquiry activities and inquiry-based learning. Students can enrich their experience and increase their abilities according to their understanding, exploration and grasp of the problems. In the process of teachers' guidance and teachers' and students' joint inquiry, students' personality will develop benignly, in a variety of ways and in different splendors, thus promoting the comprehensive and harmonious development of students' potential quality. It is required that the teaching of Ideological and political theory course should not only focus on improving students' ideological and political theory literacy in an all-round way, but also care about the practical needs of each individual to achieve self-improvement and development, break the passive situation of "copying and publicizing science" and "copying mechanically" in the past, so as to integrate theory with practice. The awakening of students' subjective consciousness is crucial to the achievement of ideological and political education and the comprehensive development of mind and body. The teaching of ideological and political courses should try every means to arouse the subjective consciousness of students and actively accept and promote the level of Marxist theory, ideological and moral cultivation and humanistic spiritual accomplishment. The most enthusiasm for mobilizing people is to fully motivate the creative energy of the educated and maximize the subjective initiative of the educated.

In ideological and political education, we must absolutely respect the personality of the educational object, cherish the self-esteem of the educational object, and rely on the educational object in an all-round way for the purpose of the educational object. Fully affirm the educatee's human nature, trust the educatee's potential wisdom, and promote their personality development. We should change the concept of educating people and strive to create a good social environment for students' ideological and moral education. Adhering to the concept of "educating people first", starting from students' personality, we should understand students' ideological situation, help them relieve their ideological pressure, lay down their ideological burdens and face the challenges of life correctly. Ideological and political education should fully absorb the nourishment of the concept of subjectivity education, with the aim of caring for, encouraging, promoting and respecting people's value, stimulating people's subjectivity and mobilizing people's enthusiasm. That is to say, it should fully embody humanistic care and guide students to become the subject with independent personality and rich sense of social responsibility. The subjective development of ideological education also highlights the development trend of individualized education. This is an inevitable requirement of historical development. Ultimately, material dependence will replace the existence of interpersonal dependence and become the general direction of ideological education. Integrate teaching and guiding teachers, with full-time teachers in ideological and political theory courses, supplemented by teaching management personnel, other teaching staff, and counselors (class teachers), and establish a special combination of employment, professional complementarity, relatively stable, and high quality. Teaching team. The ideological and political teaching theory curriculum system pays attention to teachers' autonomy and students' autonomy, and provides an open environment for teachers and students. In this open teaching environment, the enthusiasm, initiative and creativity of teachers and students can be fully utilized, reflecting the humanistic care value of the new curriculum.

4. Conclusion

This paper makes an analysis of the curriculum system and teaching content of the ideological and political pedagogy of humanistic concern. In ideological and political education, we should focus on developing humanistic care, effectively accomplish the ideological transformation of educators, improve the original ideas, and have an optimistic and positive attitude towards the

various values of things. Guiding students to create a lively, interactive, tolerant and pure community environment and classmate relationship, cultivating students' broad humanistic feelings, naturally internalizing the requirements of Ideological and political education into students' independent personality, transforming into students' enduring life beliefs, thus realizing the high release of the effectiveness of Ideological and political education. Guiding students' ideological and political educators to set up the concept of lifelong learning, constantly study new situations and solve new problems, and provide students with correct life guidance and help according to the changes of the situation are conducive to meeting the service needs of students in terms of study, psychology, life and employment. Paying attention to humanistic care, humanistic care to strengthen and improve the teaching of ideological and political theory courses in schools, can fully reflect the humanistic spirit of respecting people, understanding people, caring people, motivating people, developing people, perfecting people, and enhancing the teaching of ideological and political theory courses. The effectiveness of the project will promote the students' free and comprehensive development and cultivate qualified personnel. Change the original educational model and ideological framework, implement new educational methods, and constantly explore new educational models to add new impetus to the school's ideological and political education. Thus, a unique teaching system of ideological and political subjects with strong practical value and guiding role is formed.

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